

-2023-

OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Charlotte Public Schools

Elem. Breakfast Menu

All Students Eat for Free!!!



Fruit of the month – Apple
Veggie of the month – Broccoli

If you have not completed an Education Benefits Form, please complete and return to any school office.

You must have cash on hand or funds on account to purchase any extras – no exceptions.

Free Breakfast is available at the start of each school day.

No Breakfast served on 2-hour delays



National School Lunch Week
October 9 – 13, 2023

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2

BREAKFAST ROUND
STRING CHEESE
FRUIT
MILK or JUICE

3

OATMEAL CHOCOLATE
CHIP BAR
YOGURT
FRUIT
MILK or JUICE

4

NUTRI GRAIN BAR
YOGURT
FRUIT
MILK & JUICE

5

STRAWBERRY BAGEL WITH
CREAM CHEESE
YOGURT
FRUIT
MILK & JUICE

6

OATMEAL APPLE BAR
YOGURT
FRUIT
MILK & JUICE

9

BREAKFAST ROUND
STRING CHEESE
FRUIT
MILK & JUICE

10

POP TART BREAKFAST KIT
STRING CHEESE
FRUIT
MILK & JUICE

11

MINI CINNAMON ROLL
YOGURT
FRUIT
MILK & JUICE

12

CHEWY GRANOLA BAR
YOGURT
FRUIT
MILK & JUICE

13

TRIX CEREAL BAR
STRING CHEESE
FRUIT
MILK & JUICE

16

OATMEAL CHOCOLATE
CHIP BAR
YOGURT
FRUIT
MILK & JUICE

17

STRAWBERRY BAGEL WITH
CREAM CHEESE
YOGURT
FRUIT
MILK & JUICE

18

NUTRI GRAIN BAR
YOGURT
FRUIT
MILK & JUICE

19

BREAKFAST ROUND
STRING CHEESE
FRUIT
MILK & JUICE

20

BREAKFAST CEREAL KIT
FRUIT
MILK & JUICE

23

NO SCHOOL

24

OATMEAL APPLE BAR
YOGURT
FRUIT
MILK & JUICE

25

MINI CINNAMON ROLL
YOGURT
FRUIT
MILK & JUICE

26

LUCKY CHARMS CEREAL BAR
YOGURT
FRUIT
MILK & JUICE

27

POP TART BREAKFAST KIT
STRING CHEESE
FRUIT
MILK & JUICE

30

NUTRI GRAIN BAR
YOGURT
FRUIT
MILK & JUICE

31

STRAWBERRY BAGEL WITH
CREAM CHEESE
YOGURT
FRUIT
MILK & JUICE