





Must have cash on hand or funds on account to purchase any extras - no exceptions.



Cucumber



Sept 1

**Labor Day** 







### Sept 2

Chocolate Filled Croissant Yogurt Fruit of the day Milk and Juice



## Sept 3

Cinnamon Toast Crunch Muffin String Cheese Fruit of the day Milk and Juice



## **Charlotte Elementary School Breakfast Menu**

### FRI

Sept 5 Banana Mini Loaf Yogurt Fruit of the day Milk and Juice



#### Sept 8

Double Chocolate Oatmeal Bar String Cheese Fruit of the day Milk and Juice

#### Sept 9

Strawberry Nutri-Grain Bar Yogurt Fruit of the day Milk and Juice

### Sept 10

Mini Powdered Donut Holes String Cheese Fruit of the day Milk and Juice

#### Sept 11

Cocoa Puffs Cereal Breakfast Kit Fruit of the day Milk

Sept 4

Cinnamon PopTart

Breakfast Kit

Fruit of the day

Milk

#### Sept 12

Trix Muffin Yogurt Fruit of the day Milk and Juice

### Sept 15

Cinnamon Breakfast Round String Cheese Fruit of the day Milk and Juice

#### Sept 16

Blueberry Nutri-Grain Bar Yogurt Fruit of the day Milk and Juice

#### Sept 17

Pull-A-Part Donut String Cheese Fruit of the day Milk and Juice

#### Sept 18

Lucky Charms Cereal Breakfast Kit Fruit of the day Milk

#### Sept 19

Lemon Bread Yogurt Fruit of the day Milk and Juice



Fruit of the month Watermelon

Veggie of the month

#### Sept 22

Chocolate Chunk Granola Bar String Cheese Fruit of the day Milk and Juice

Sept 29

Oatmeal Bar

String Cheese

Fruit of the day

Milk and Juice

#### Sept 23

Apple Cinnamon Nutri-Grain Bar Yogurt Fruit of the day Milk and Juice

# Sept 30

Strawberry Nutri-Grain Bar Yogurt Fruit of the day Milk and Juice

### Sept 24

Mini Blueberry Doughnut Holes String Cheese Fruit of the day Milk and Juice Early Release Day!!

#### Sept 25

Apple Jack Cereal Breakfast Kit Fruit of the day Milk

#### Sept 26

Banana Milk Loaf Yogurt Fruit of the day Milk and Juice



Double Chocolate

#### Oct 1

Follow us on Facebook @ Charlotte Public Schools: Food & Nutrition Services



#### Oct 2



#### Oct 3

CHECK OUT HEALTH-E-PRO FOR ONLINE MENUS WITH NUTRIENT INFORMATION AND MORE @ CHARLOTTE PUBLIC SCHOOLS FOOD & NUTRITION SERVICES

