

July 2025

RURAL NON-CONGREGATE MENU - BREAKFAST

SUN

MON

TUE

WED

THU

FRI

SAT

1

Strawberry
Nutrigrain Bar
Fruit of the Day
Milk

2

Banana Mini Loaf
Fruit of the Day
Milk

3

Whole Grain Bagel w/
Cream Cheese
Fruit of the Day
Milk

4

Banana Chocolate
Chunk BeneFIT Bar
Fruit of the Day
Milk

5

Mini Blueberry Donut
Holes
Fruit of the Day
Milk

7

Cinnamon Ultimate
Breakfast Round
Fruit of the Day
Milk

8

Blueberry Muffin
Fruit of the Day
Milk

9

Cereal Variety
Fruit of the Day
Milk

10

Strawberry
Nutrigrain Bar
Fruit of the Day
Milk

11

Banana Mini Loaf
Fruit of the Day
Milk

12

Whole Grain Bagel w/
Cream Cheese
Fruit of the Day
Milk

14

Mini Blueberry Donut
Holes
Fruit of the Day
Milk

15

Double Chocolate
Oatmeal Bar
Fruit of the Day
Milk

16

Cinnamon Ultimate
Breakfast Round
Fruit of the Day
Milk

17

Blueberry Muffin
Fruit of the Day
Milk

18

Cereal Variety
Fruit of the Day
Milk

19

Strawberry
Nutrigrain Bar
Fruit of the Day
Milk

21

Whole Grain Bagel w/
Cream Cheese
Fruit of the Day
Milk

22

Banana Chocolate
Chunk BeneFIT Bar
Fruit of the Day
Milk

23

Mini Blueberry Donut
Holes
Fruit of the Day
Milk

24

Double Chocolate
Oatmeal Bar
Fruit of the Day
Milk

25

Cinnamon Ultimate
Breakfast Round
Fruit of the Day
Milk

26

Blueberry Muffin
Fruit of the Day
Milk

28

Strawberry
Nutrigrain Bar
Fruit of the Day
Milk

29

Banana Mini Loaf
Fruit of the Day
Milk

30

Whole Grain Bagel w/
Cream Cheese
Fruit of the Day
Milk

31

Banana Chocolate
Chunk BeneFIT Bar
Fruit of the Day
Milk

6
Double Chocolate
Oatmeal Bar
Fruit of the Day
Milk

13
Banana Chocolate
Chunk BeneFIT Bar
Fruit of the Day
Milk

20
Banana Mini Loaf
Fruit of the Day
Milk

27
Cereal Variety
Fruit of the Day
Milk